## Angie's Marriage Column February 11, 2015

## 5 Main Reasons for Divorce #2 ALCOHOL ADDICTION

Since 2002 Year of Our LORD, our ministry has been encouraging and guiding couples to Godly marriage restoration. In that time we have come across everything imaginable when it comes to problems and issues in marriage. We will be discussing over the course of several weeks the top five reasons couple's divorce. Last week we talked about unfaithfulness; this week we'll talk about alcohol addiction.

- 1. Unfaithfulness physical and emotional
- 2. Alcoholism addiction to alcohol
- 3. Unbelief Lack of spiritual truth, knowledge, and wisdom
- 4. Feminism confusion of roles
- 5. Lack of Communication/Intimacy

Chances are you have gone through one of these issues in marriage yourself or know someone who has. Please do share this marriage column if you think someone could use the material.

We have written our fair share about alcohol addiction and that's because I know what it's like to be addicted to a substance. I used to be an alcoholic and my husband took the brunt of my emotional outbursts when I got drunk. I say "used to be" an alcoholic because it is in the past. Jesus Christ restored me from the depths of alcoholic hell and I am NO LONGER A SLAVE TO IT FOR OVER 20 YEARS! I have shared my personal testimony in the book *Journey on the Roads Less Traveled* which is available as a hardcopy at Barnes and Noble.

Addiction (alcohol) is a marriage destroyer. The minute you marry an alcoholic you are put through the ringer, so to speak and will endure much pain and

heartache. Some folks marry and don't know they have married an alcoholic. That is because alcoholism is a progressive condition, meaning it tends to get worse overtime until it is in its full blown stage where every day can be a challenge living with the alcoholic.

Some folks can't endure and end up divorcing their spouse. Some alcoholics can be angry and violent and it is recommended to separate yourself from that. Most alcoholics are not violent however, but many are verbally abusive when they drink. We have been teaching and showing our readers what to do, and how to deal with an abusive alcoholic for years!

#### HOW TO DETACH FROM AN ALCOHOLIC

Once you learn the art of detachment you WILL get your life back! Once you are NOT drowning with the alcoholic you can begin to take care of YOU. That's what detachment is all about; taking care of you.

In our detachment eBook we explain in detail the steps you need to take to get your life back. We know how difficult it can be to live with an alcoholic and that's why we share our experiences with you, so you too can find clarity and understanding and begin to live again. <u>Read more about this eBook here.</u>

Ironically, it is YOU taking care of YOU that gets the alcoholic to SEE they have a problem with alcohol. You see, for the alcoholic **that is** the first step to sobriety!! They need to realize they have a problem with alcohol and cannot drink! They have to accept that once and for all! Only then can they (if they so choose) accept Jesus Christ and get sober for good!!

God is our Healer and without Him we are unable to get sober and remain sober and live a happy life. We need God to transform us from the slavery of sin! In this case it is addiction.

NOTE: we're not saying that a person cannot get sober without God, <u>but</u>, and this is a big but, we are saying that without God, they will always feel the need to drink, crave it sometimes, and always think they need alcoholics anonymous and will really not be very happy people. You see alcoholism does not just affect us

physically, but mentally, emotionally and spiritually. And therefore, it is in all these areas we must find healing. That's where God comes in.

On the other side of that coin, God through His Son, Jesus Christ actually <u>transforms a person's heart and mind</u>, and <u>restores their life to HIM</u>, which is completeness and wholeness of being where the once enslaved alcoholic is no longer considered an alcoholic nor is (s)he a slave to it any longer.

We all have to choose! Are we a slave to sin or are we free from slavery? Whatever our sin might be that has enslaved us, we can make the right choice and be FREE from what's holding us back from loving our spouses properly and loving God. Which is it? Choose?

#### Are You, or Do You Know Someone, Who is in the Alcoholism Trap?

The book, <u>The Alcoholism Trap</u> will help you to understand "why" the alcoholic drinks and <u>what they can do to beat the addiction for good!</u> It is written for the alcoholic and it also has detachment in it for the loved one of an alcoholic.

We have so much material on the Heaven Ministries website about alcoholism and what to do about it as the alcoholic and as a loved one to the alcoholic that we feel nothing more needs to be added here. Please read through the resources about what you can do to be free from addiction and free from loving an addicted person once and for all. GET YOUR LIFE BACK!

Your questions and comments are welcome!

### More Resources to help with alcoholism

#### Videos with Frank and Angie – Alcoholism Help

Angie's Marriage Columns – Helping the loved ones and the addicts with alcoholicm. <u>You will find 16 marriage columns here!</u>

<u>Are You Helping Your Spouse to Drink? Find out here!</u> If after reading this article and you found enlightenment, then you'll love the eBook, How to Detach from an Alcoholic Spouse!

**Remember**: the truth is only God can heal us fully and completely. Without Christ in our life we are incomplete people. <u>He is our Healer!</u> Ask God to heal your loved one today and ask God to come into your life and help you to detach from the alcoholic and to become whole in Him!

# He heals the broken in heart, and binds up their wounds. Psalm 147:3

## If an Alcoholic Quits Drinking are they Still an Acoholic?

NOTE: When a sober person tells you they are alcoholic, what they mean is they are still ensnared somehow by the addiction. Whether or not the symptom of drinking is part of that addiction does not matter, they still have alcoholic tendencies in heart, mind and soul whether they drink or not drink, and are still considered alcoholic. They are what is coined <u>"dry alcoholics"</u> and they are just as sick emotionally and mentally as the drinking alcoholic. <u>Read more here!</u>

Therefore if any man be in Christ, he is a new creature (no longer an alcoholic): old things are passed away; behold, all things are become new. (no longer a slave to the sin of addiction) 2 Corinthians 5:17 (with healing, you will be a new person in Jesus Christ.)

Be blessed, Angie and Frank Marriage Healing Ministry - <u>http://www.heavenministries.com</u> Godly Courtship Ministry - <u>http://www.heavenministries.org</u>

Visit us in Ecuador! http://discovercuencaecuador.com http://discoverquitoecuador.com

Do you have a marriage question that you want biblical answers to? Let us know and we'll pray about it, research it and answer it with the understanding and

wisdom God has blessed us with. It's not what Frank or Angie can do for your marriage; it is between YOU and God. We're just the messengers.

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