## Angie's Marriage Column – September 23, 2015

How Can I Be a Better Spouse?

**Step 1: Put God first in everything you do.** Putting God first in our lives is not always easy because we think we know what is right for our lives, but most of the time we are way off the mark. **Trust in the LORD with all thine heart; and lean not unto thine own understanding. Proverbs 3:5** 

That's it; there are no more steps; by making God, through Jesus Christ the most important aspect of our lives we will have become a better spouse. It is our love and faith in Christ that provides us with the ability to love our spouse appropriately.

## What does it mean to make God first?

We put Christ first when we serve one another in Christ by putting our spouse above our own selfish interests and wants. If married couples are not giving and caring of each other's needs it means they are not putting God first. As Christ-ones we are to put God first in *everything*. **Submitting yourselves one to another in the fear of God. Ephesians 5:2** 

If you are having trouble putting God first, basing your life on the principles of Jesus Christ, then you need to go back to step 1 and start all over. We SERVE JESUS CHRIST when we serve one another. For we do not proclaim ourselves, but Jesus Christ as Lord, and ourselves as your slaves for Jesus' sake 2 Corinthians 4:5.

Why get married and call ourselves Christians when clearly we are of serving the world? We are serving the world when we put things in the world above our spouse such as jobs, careers, friends, materialism, prestige, power, people, and attention and praise from others.

**Do you care more about your career than you do your spouse**? Here's how to tell?

1. Is intimacy with your spouse lacking (not talking about sex). I'm talking about spending QUALITY TIME with each other every day, not only when you have time off of work! Most couples do not spend any time together; they both come home from work tired and hungry. What do they do? They chit-chat about trivial matters, eat dinner and go to bed and start all over the next day. Talk about being in a rut?

It's true, we have to work so we can live but we also have to have priorities, and we need to put those priorities into perspective, otherwise we just live our lives in folly and vain. A couple of encouraging articles are found here:

- Should a Wife Work Outside the Home?
- How Much Can Your Family Save When the Wife Stays Home?
- Career Woman or Helpmeet Wife?

2. Does it seem like you are always working? If you spend more time at your job than you do at home, then there is definitely an imbalance. Read our previous marriage column. Most people have this mistaken belief that if they work harder and longer they will have more money to do more things and to buy more stuff with, and then they'll be happier. If I can just reach this goal—this plateau I'll be happy. Sorry to burst your bubble but happiness doesn't grow from money. IT COMES FROM THE SOURCE OF WHO WE ARE.

## Who Am I?

As much as worldly, over institutionalized/educated folks like to think materialism, money and prestige is where happiness lies, in the whole scheme of things, none of this worldly stuff does anything for us or makes us better people for each other—**only our relationship with** Jesus Christ can make us better people for each other!

We have to decide "who we are". Am I a child of God or am I a child of the clam I just ate last night for dinner? Yes, some people think they evolved from a clam. Putting all joking aside, I think you get the idea, but If not, <u>go here for a better understanding</u> of what I'm talking about.

Chasing money does not make people happy, chasing Christ does! Back to step 1!

**3.** Do you feel happy and content with your life? Most people are not happy and content with their life. They blame people, problems and other outside issues for their unhappiness; however, what truly brings unhappiness is being disconnected from our CREATOR. I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing. John 15:5

How can I be a better spouse? Chase Jesus!

If you enjoyed this newsletter, you might enjoy these articles too!

- Why Are Unhappy People, Unhappy?
- Are You Living the Marriage You Dreamed You Would?

## Are Christians Following Jesus for Their Marriage?

Be Blessed through Jesus Christ! Angie and Frank Marriage Healing Ministry - <u>http://www.heavenministries.com</u> Godly Courtship Ministry - <u>http://www.heavenministries.org</u>

Visit us in Ecuador! http://discovercuencaecuador.com http://discoverquitoecuador.com

Please go here to read past issues of "Angie's Marriage Columns".

Do you have a marriage question that you want biblical answers to? Let us know and we'll pray about it, research it and answer it with the understanding and wisdom God has blessed us with. It's not what Frank or Angie can do for your marriage; it is between YOU and God. We're just the messengers.